### **Discussion Guide for You & Your Doctor**



Your doctor is the most qualified person to determine the best treatment for your broken wrist. But, if your wrist requires surgery and you would like to discuss the benefits of MICRONAIL<sup>®</sup> Intramedullary Distal Radius Fixation with your surgeon, **please bring this form to your next appointment.** 



### Less-invasive surgery

The MICRONAIL<sup>®</sup> II procedure is performed through two small incisions approximately 1" in length.

The procedure takes about 30 minutes and helps to preserve soft tissue, as compared to the more invasive surgical approach related to traditional volar plating, which can require a much larger 5-6" incision.



MICRONAIL® II incision



Volar Plating incision

# Key benefits of repairing your broken wrist with the MICRONAIL® II Implant are:

## 2 Reduced soft tissue & tendon irritation

Possible complications associated with wrist plating are tissue irritation or tendon rupture. This can occur due to screws that are too long or as a result of the edge of the plate being placed too close to the tendon.

The MICRONAIL® II implant is placed entirely within the wrist bone during

surgery. This is referred to as "Zero Profile".

Having the MICRONAIL<sup>®</sup> implant housed completely within the bone, not on top, provides stability to the broken bone while minimizing the possibility of irritation to surrounding tissue.

### Faster patient recovery\*

Traditional "plating" treatment options require a larger incision which results in more soft tissue damage and may not provide the desired level of flexibility / wrist function as quickly as MICRONAIL® Fixation. Generally, the longer it takes a patient to start moving his or her wrist, the slower the recovery.

Few patients require a cast after surgery.



Most only wear a splint for a short time, and may not require professional hand therapy. This allows patients to return to normal activities quickly.

(Source: CORR, April 2006).

Over 4,500 MICRONAIL® Fixation Systems have been sold since 2004. Some of the hand surgeons implanting the MICRONAIL® Fixation System are listed below:

Joseph Slade, MD Yale Orthopedics | Minneapolis, MN John Capo, MD & Virak Tan, MD New Jersey School (UMDNJ) | Newark, NJ Asif Ilyas, MD Temple University | Philadelphia, PA

L. Andrew Koman, MD Wake Forest University | Winston-Salem, NC Zhongyu "John" Li, MD Wake Forest University | Winston-Salem, NC

Matthew Putnam, MD Univ of Minnesota | Minneapolis, MN

#### For more information, please visit Nail4FastRecovery.com

### Create Motion.™



\*Data on file. As compared to volar plates at 6 months. Incorporates technology licensed from Mark Warburton, MD. \*Registered marks of Wright Medical Technology, Inc. 2009 Wright Medical Technology, Inc. Stock photography image provided by Getty Images, Inc. S0344-609 R1010